

2 0 1 4 W I N T E R E D I T I O N

ANTHROPOSOPHIC THERAPEUTIC SINGING NEWSLETTER

INTRODUCTORY COURSE FOR PROFESSIONAL TRAINING ANTHROPOSOPHIC SINGING THERAPY JULY 5-7, 2014 WASHINGTON, D.C.	CONTINUING EDUCATION COURSE FOR GRADUATES SAT. JUNE 28 - WED. JULY 2, 2014 BON SECOURS RETREAT CENTER MARRIOTTSVILLE, MD. NEAR BWI	NEWS FROM YOUR WORKING GROUP: AAMTA AFFILIATION UPDATE AAMTA CONFERENCE NAMING UPDATE	BOOK REVIEW OF ARMIN J. HUSEMANN HUMAN HEARING AND THE REALITY OF MUSIC PHOTO AND NEWS OF JURGEN SCHRIEFER MEMBERSHIP FORM
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REPORT FROM ANNUAL INTERNATIONAL ANTHROPOSOPHIC THERAPEUTIC ARTS AND MEDICAL SECTION CONFERENCE

JAN. 8-10, 2014 DORNACH, SWITZERLAND BY THOMAS ADAM

This January, in Dornach at the annual conference for leaders of trainings for Anthroposophic Artistic therapies sponsored by the Medical Section at the Goetheanum, a long process came to a good conclusion. Over the last several years an official procedure was developed for part-time trainings to become accredited as an Anthroposophic Art Therapy. One has to submit a curriculum, study information, and respond to a lengthy questionnaire to document the quality of the training. I was able to finish preparing these documents last summer and hand them in, in September, 2013. At this year's

conference I gave a one and a half hour oral presentation showing the basis of our singing work, the methodology and so on. The response was overwhelmingly positive and now our training-courses are the first to be accredited under the new procedure as a part-time training. It is an important step for the incarnation of our work and came quite exactly 90 years after the last conversation between V. Werbeck-Svärdström and Dr. Steiner, in which he authorized her School as an Anthroposophic Singing School. It is an auspicious beginning for this New Year.

International



News

An important request to all friends!

Dear Therapeutic Singers,

The realization of a new *professional education course in Anthroposophic Singing Therapy* starting in 2015, will depend on the number and motivation of its future participants! Your help is urgently needed: to spread out the information, to speak with possible participants, and to recommend the people, who are qualified to work together in this training! With your initiative you will help to bring Therapeutic Singing into the future.

With thankfulness and my best wishes for 2014! - *Thomas Adam*

Meeting Therapeutic Singing based on the School of Uncovering the Voice

A brief introductory course with Thomas Adam will take place from Saturday evening July 5th through Monday noon July 7th 2014 in Washington D.C. for a new training course for Anthroposophic Singing Therapy to begin in 2015.

This introductory course will give the possibility to enter into the world of a therapeutic application of human singing on the basis of The School of Uncovering the Voice.

This meeting between the future students and the teacher of this upcoming training-course will give the background for the decision to be part of this newly beginning 4 -year part-time professional education course in Singing Therapy, which will begin in the summer of 2015.

Requirements for participants are that they:

- Be at least 23 years of age
- Have a willingness and interest to study Anthroposophy

and

- Have a pedagogical or social-pedagogical training and professional experience
- Have a basic experience with 'The School of Uncovering the Voice'
- Have basic knowledge of Music-Theory

or

- Have training in a medical profession and related experience
- Have basic experience with 'The School of Uncovering the Voice'
- Have a basic knowledge of Music-Theory

or

- Have training as singer or other musician
- Have basic experience with 'The School of Uncovering the Voice'

In this professional education course for Anthroposophic Singing Therapy, anthroposophic concepts are, as far as possible, developed phenomenologically, that is through one's own experiences, mainly with the help of singing exercises from the School of Uncovering the Voice, eurythmy and phenomenological musical studies.

The experiences gained through the exercises and the phenomenological studies are illustrated by medical anthropological lectures. Through examples out of the Singing Therapy work they are linked with questions in relation to practical therapeutic activity.

Thus, the effects of breathing, voice-sound, speech sounds, as well as the effect of musical elements on the singing human being are worked out in practice as well as in theory within the professional further education course in Singing Therapy.

For further information and admission to the Introductory Course for Anthroposophic Therapeutic Singing Saturday evening July 5th through Monday noon - July 7, 2014 in Silver Spring, MD, please contact:

Thomas Adam email: to_adam@t-online.net telephone: 011-49-234-288604

Preview - Please reserve these dates right now!

Invitation to the 3rd Conference for Therapeutic Singing in North America
Therapeutic Study, Exercises and Examples

Continuing Education for Graduates of Therapeutic Singing trainings

Saturday Evening June 28 to Wednesday noon July 2, 2014

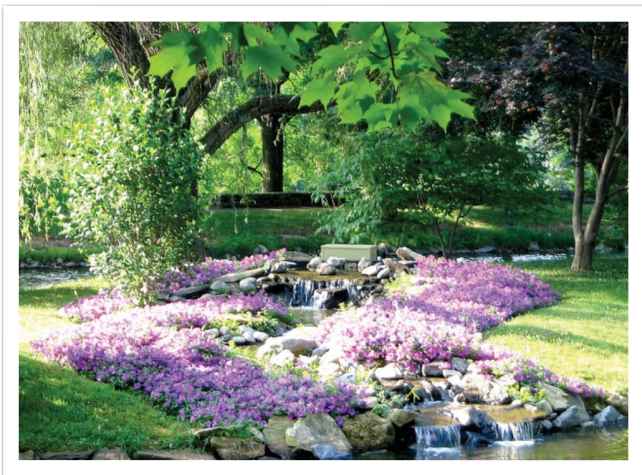
at the Bon Secours Retreat and Conference Center in Marriottsville, MD

Dear Therapeutic Singing Colleagues, dear Friends,

Our meeting in summer 2013 in Chapel Hill ended with the strong wish of all the participants to continue with this intense form of deepening our competencies and with the sharing of our experiences in the realm of Therapeutic Singing. We are envisioning a slightly longer, 5 day/ 4 night course similar to the Quellhof International Continuing education format.

Since many of our students and clients are coming to us with questions about problems with their voices, I propose taking up the theme of "Singing Therapy for the Voice."

Not only will we work with the typical functional disturbances and the therapeutic approach based on the School of Uncovering the Voice, but also we will highlight the reflection of general physical and psychological diseases on the voice.



This year we are planning to house our continuing education course at the beautiful Bon Secours Conference Center located on a beautiful natural area just west of I-95 and the Baltimore Washington International Airport. The center is located on 300 acres of land adjacent to the Patuxent River State Park. Meals can be tailor made to participants needs by an excellent chef. There are nature walks, a meditative labyrinth, and a swimming pool on the grounds. We chose this place because of its natural beauty and serene atmosphere.

We also chose this place to provide easy accessibility for all participants. The BWI airport is the hub for Southwest airlines, services many carriers, and is 20-25 minutes by car. They have a shuttle that runs to and from the airport at a discounted rate.

We will also have the opportunity to be together under *one* roof for these several days without the time and energy spent on commuting, so there will really be many possibilities for meetings and sharing's informally in addition to our program! Each room has a private bath and free wifi access. All rooms have one double-sized bed.

Please, find more information about Bon Secours online at: rccbonsecours.com

We have already secured a 20% discounted rate and reserved 15 overnight rooms. This can be adjusted up to two weeks before the course. Room, meals and facilities charge for 4 nights will be \$340. The conference fee is \$150. We will work on additional support funds or arrangements, so that financial issues shouldn't be a hindrance to participate for anybody.

So please, reserve these dates and make plans to come!

With best wishes for the New Year,

Thomas Adam

News From the Working Group

AAMTA Affiliation Update

We are happy to share that our new Anthroposophic Therapeutic Singing Association has been welcomed in the Anthroposophical Art and Medical Therapies Association family as a “daughter organization” and will be formally recognized at this year’s AAMTA conference in Toronto, Canada, from Wednesday March 12 through Saturday March 15. A portion of our dues will be forwarded on behalf of our members to be listed in the AAMTA online membership directory and referrals. Members receive bi-monthly e-news letter as well as an annual newsletter. Therapeutic Singing trainings, conferences and events can be listed on the AAMTA website calendar.

We will also have a webpage hosted by AAMTA. Membership also means our organization can request grants from tax-exempt donated funds to help support Therapeutic Singing trainings and conferences. This is a helpful step to raise awareness of Anthroposophic Therapeutic Singing as an artistic therapy amongst the Anthroposophic art and medical therapy community and in the general public as well. And it enables us to enjoy collegial relationships with members of other AAMTA organizations.



Naming Process Update..... and invitation

Thank you all for the wonderful responses and the myriad of suggestions that we received back in October when we were all requested to choose a name for our newly forming association. It was so heartwarming to hear your musings and your appreciation and your updates. When we asked all of you for your choice of names, we had a close count between two of the selections: TSANA (Therapeutic Singing Association of North America), and ATSANA (Anthroposophic Therapeutic Singing Association of North America). So, I emailed those few who voted differently to ask their choice of these two. Two decided not to choose in the second request. Over time we now have 10 votes for ATSANA and 7 votes for TSANA. Altogether 19 of you responded! That is a very good representation of our group of 24! Thank you again!

In view of the results, the working group suggests that ATSANA would be our new name. As the name will represent us for many years to come, we want to hear any thoughts or reflections you have. (I think you would agree that being a member would be important here, to show your commitment and your support. There is a registration sheet on the last page of this newsletter.) We can then discuss your thoughts at our next teleconference at 4 p.m. Saturday Feb. 1. Please e-mail me if you have comments, before noon, Saturday, February 1 at: musiklee@verizon.net.

With loving greetings for a peaceful, strength-filled, New Year, Kerry V. Lee



When one *sings rightly*, the capacity to sing stays with one into old age. - Valborg Werbeck-Sverdström

Uncovering the Voice p. 185

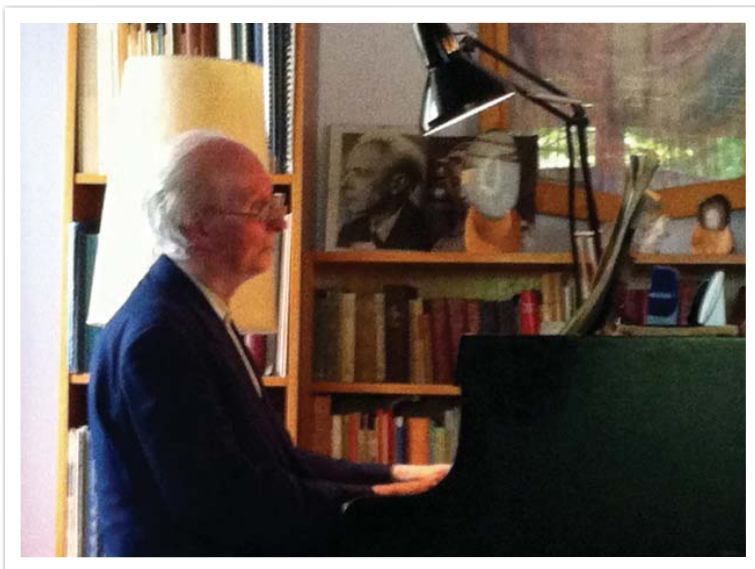
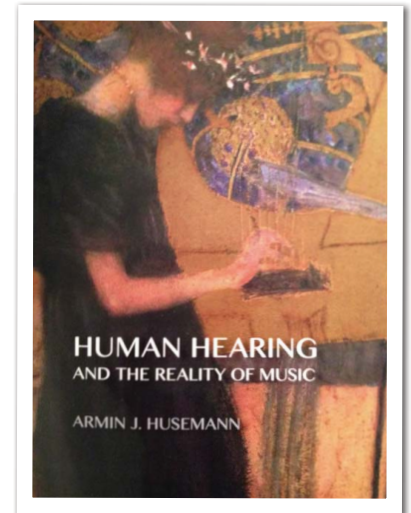
Book review

HUMAN HEARING AND THE REALITY OF MUSIC

BY ARMIN J. HUSEMANN

ISBN 978-162148-048-8 eBook ISBN 978-62148-023-5

A new English translation of Dr. Armin J. Husemann's book has become available. The slim volume contains a depth of information, showing the etheric nature of hearing and relating modern physiological research to an integrated, detailed and subtle picture of the ear, listening and hearing. Dr. Husemann explores the physiological basis of "synesthesia," as well as the spiritual quality of music in our destinies. He also elaborates the relationship of music and chemistry - showing how the periodic table is organized, like the 7 steps before the octave, and how certain elements are connected, both with intervals and chemical processes, such as of oxidation, which is seen in the 7th particularly. He elucidates Rudolf Steiner's description of the chemical ether also being the tone ether, and relates therapy with substances derived from an understanding of elements and their corresponding intervals, integrating this with an understanding of homeopathic remedies. Even accomplishing any given task can be seen as a progression of ascending intervals until the deed is done, just as resolution is felt in the octave. For singers, instrumentalists, doctors, and art therapists alike, this slender volume resounds! *Sandi Zeese*



This is a recent photo of Jürgen Schriefer during his daily practice, studying the Goldberg Variations by J.S. Bach. It was taken in October, 2013. November was difficult health-wise. Now he is once again doing better, even though his pace of life is becoming slower and his memory capacities are somewhat fading. However, listening to news about the developments in the work with the School of Uncovering the Voice always awakens his enthusiasm!

There is a small circle of people helping him with the the practical aspects of his household. The aim is to help to allow him to stay in his house with the possibility to be in his world, the music, as long as possible!

With best wishes, Thomas Adam

Anthroposophic Therapeutic Singing Association Membership Form 2014

Name _____ Voice Part _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Mobile _____ Email _____

Website _____

_____ Full Membership, \$40

_____ Sponsoring Membership, \$50 - \$100

_____ Benefactor, \$100 +

_____ Additional Contribution to support:
travel fund, conference scholarships, training courses, web design

_____ Total enclosed

Please send checks and correspondence to :

“Therapeutic Singing Treasurer”
c/o Diane Barnes
321 Rodman Road
Hillsdale, NY 12529

If people would sing - more, and especially more correctly
- there would be fewer crimes on earth.

- Rudolf Steiner to Valborg Sverdröm
Uncovering the Voice p. 182

